

## Review

Please consider these questions and grab the information that you'll need from your notes. Once you are ready and have what you need, it is time to start working on your map.

Yes	No	Question
		Have you decided who will be going with you on this journey? Spouse or significant other, friends, kids, extended family, pets, and possibly others?
		•Do you want to know what you want to do? Or what your overall goal is?
		•Do you have information from any assessments you have taken to help point you in a direction?
		•Do you have some supporters to give you encouragement along the way?
		•Do you have some mentors you can ask a question or two of from time to time?
		•Do you know what you need to get to your ultimate goal? What milestones must you map towards that goal?
		•Have you considered what the next steps will be after you reach your goal?